

THE SEARCH IS WORTH THE EFFORT

Thousands of Australian children have difficulties paying attention and controlling their impulses. Their teachers and parents, often exhausted and fed up, are looking for answers to the question – How do we help the children to concentrate and control their behaviour.

Drug Free Attention Deficit Support (DFADS) is a not for profit support group established in 2003 by Martin Whitely. Martin has no medical training and has no commercial interest in ADHD. His opposition to the use of ADHD medications stems from his time as a high school teacher from 1995 to 2001, when he was concerned at the number of heavily medicated boys in his classroom.

The DFADS website contains various links and recommended reading to facilitate the search for an alternative approach and to ensure that the treatment must match the cause. It is important to eliminate possible physical causes of the child's problems first such as auditory processing, vision difficulties, allergic sensitivities nutritional issues and other problems.

It is important to identify if emotional status/social relationships (behaviour) or academic/school issues are the problem. For example some children may be behaviourally fine but struggling to keep up with schoolwork or reading.

It is equally important to find out a child's learning style, how that child learns best. Addressing the different problems/issues in order of priority and in terms of how they are impacting on school and family life will be invaluable in the search for answers. One of the great features of the DFADS website includes a questionnaire profile which is located on the Home page and is designed to help parents with listing the areas of concern eg; Food intolerance, sight, language development, etc; enables parents and teachers to work together towards a targeted plan of action.

For details on available treatment resources, please see our website full of information, guidance prepared with countless hours of research from interviewing professionals. Some of our members are parents of children who searched for answers and have found the solutions which have enabled their child to attain outstanding results within all areas of their lives. Please see testimonials on website.



Website address: www.dfads.org.au