



PARENTALSTRESS.COM.AU

## CHAOS TO CALM LIVE SEMINAR WORKSHOP

OUR LIVE PARENTING SEMINAR IS UNLIKE ANYTHING ELSE AVAILABLE IN THE PARENTING COMMUNITY. THIS EVENT IS **NOT** ABOUT HOW TO CONTROL YOUR CHILD'S BEHAVIOUR. **IT'S ABOUT HOW TO CONTROL YOURS!**

JOIN US TO LEARN HOW TO GET TO THE CORE OF YOUR PARENTAL STRESS, CHANGE YOUR THOUGHTS AND FIND YOUR INNER CALM.

**PRESENTED BY: MOTHER, COUNSELOR AND AUTHOR JACKIE HALL WITH  
MC: 91.9 SEA FM BREAKFAST RADIO HOST JESS EVA**

PERTH

SATURDAY 21ST NOVEMBER, 2015

VENUE: PERTH CONVENTION AND EXHIBITION CENTRE

TIME: 9:00AM - 5:00PM (DOORS OPEN AT 8AM)

[WWW.PARENTALSTRESS.COM.AU/PROGRAMS/CHAOSTOCALMPERTHWORKSHOP](http://WWW.PARENTALSTRESS.COM.AU/PROGRAMS/CHAOSTOCALMPERTHWORKSHOP)

[WWW.FACEBOOK.COM/PARENTALSTRESSCENTRE](http://WWW.FACEBOOK.COM/PARENTALSTRESSCENTRE)