



CSS News

June, 2018

Principal: Ros Hamling Deputy: Peter Salleo School Board Chairman: Les Ozsdolay P&C President: Liz Green

Orange Gum



We love messy play in Orange Gum! It is a great way to learn about our senses, use our bodies and facilitate communication. We make sure we do lots of messy play during class.

On the Rainbow Fun Day, we had messy play activities for the whole school to enjoy – including making rainbow slime and rainbow bubbles! We had lots of fun!



Carson Street School is an independent public school.

All Donations \$2.00 and over made to Carson Street School Gift Fund are tax deductible

From the Principal's desk

With the Semester One coming to a close it's an appropriate time to review a few of the highlights and to look ahead to next term.

Dr Melaine Brown

During the last two weeks we have hosted a visit from Dr Melaine Brown, Chief Executive and Director of Services at the National Institute of Conductive Education (NICE), in the United Kingdom. NICE is a 'unique charity which believes that every person with a movement disorder has both the potential and the right to specialised services which recognise their needs, desires and wishes'.



Dr Brown has provided consultancy to Carson Street and to Kensington Secondary School where a new program will begin in 2019. Three teachers from South Australia flew to Perth for two days of networking with Dr Brown and Carson Street staff. A national video conference was also held. The video conference included all states in Australia where Conductive Education is practiced. Our thanks go to the Conductive Education Charity WA for the wonderful support they provided with hosting Dr Brown's visit and with their continued support of our highly regarded CE program.

Music Rocks

Music Rocks has been an engaging musical opportunity for a number of our students to explore and experiences this semester. Music Rocks Australia has the ethos 'music is for everybody' and creates 'the world's most inspiring music experience for young people'. Each Wednesday Ben from Music Rocks has provided opportunities for our students to develop their musical talent with a range of instruments including electric guitars, drum kits and the electric organ. Their concert is on Sunday 24 June at Mojo's Bar in North Fremantle. Using music as a 'tool for inspiration', Music Rocks has focused on the musical, social and personal development of participants.



Rainbow Week

Rainbow Week celebrations were a highlight in Week 6 this term. The Student Council planned a special afternoon of rainbow activities including a Rainbow Disco, painting rainbows and lots of colourful messy play with paints! The week ended with a Rainbow Rally where the school community came together to celebrate The Rainbow Way. One of our music teachers, Connie Andersen has written a school song which was played for the first time at the Rally. We hope to share the song with our school community in the near future.



School Pulse Survey

The 'School Pulse Survey' was sent to families in Week 8 via email. These surveys, sent each term, provide information that tells us if families are happy with their students at Carson Street School. The surveys are anonymous and are a part of our commitment to improving communication with parents. We hope you have taken the opportunity to respond. The results from the Term 1 and Term 2 surveys will be published in the next school newsletter.

Retirement Celebration

Melinda Davies' retirement party is on this Wednesday, 27 June at 3:00pm in the Rainbow Room. All current and former students and parents are welcome to join the celebration. Hope to see you there.



On behalf of the staff we thank you for your continued support and hope you have the opportunity to spend time with friends and family over the school holiday break.

With best regards,

Ros Hamling
Principal



SAVE THE DATE:
School Photos
Wednesday 1 August

P&C News . . .

Entertainment Books – many thanks to those families who have purchased the Entertainment Book that was sent home with their child. It's still not too late to purchase yours. Anyone purchasing either the book or digital edition from today will receive two movie tickets valued at \$30 free. If you don't want to buy the book, please return it to school in the envelope provided as all books have to be accounted for.

Quiz Night – Saturday 18th August 2018
Belmont Sports and Recreation Centre, Abernethy Road, Belmont
Tables of up to eight people \$120
Doors open 6.30pm for a 7pm start
BYO supper, bar facilities available.



This is our major fund raiser for the year and we need your help. Please get family and friends together and book a table. It's a really fun night with lots of games, raffles and prizes.

We are also looking for donations to be used as prizes. It can be anything at all from a bottle of wine to chocolates to those unwanted gifts you have lying around at home. We are also going to have a grocery hamper raffle so are asking families to please send in grocery items to school with your child. Early next term we will have available some official "request" letters that can be sent out to your local businesses asking them to support our Quiz Night.

All funds raised are going to help improve the Phys Ed room and its equipment. If anyone has any queries please feel free to email me at lizgreenpnc@hotmail.com.

Marian, Community Support Chaplain...

It was great to welcome new families into our Carson Street School community at our Welcome Morning Tea on the 29th May. Our Principal Ros Hamling, and new Deputy Peter Salleo also had an opportunity to introduce themselves to the families. In addition to parents, the morning tea was attended by a number of key staff who gave a brief outline of their role and made themselves available for questions. We look forward to seeing more of our new families in and around our school as we continue journeying through this year.



Upcoming very shortly is the Information Session on the NDIS. This will be held at the school in Room 2 Tuesday 26 June, 9:30am. A speaker from the NDIS will be attending to provide information and answer questions. All are welcome and morning tea will be provided

I am usually at Carson Street School on Tuesdays and Wednesdays. I welcome opportunities for catch up with parents over a cuppa and I am available for confidential chats.

Here are my contact details: Marian Tetlow 0432 570 768 Marian.Tetlow2@education.wa.edu.au
Warmest regards, Marian

Banksia



Banksia celebrated the start of winter with an awesome fishing excursion.

We joined a group of volunteers from FISHABILITY, who showed the students how to bait their hooks, cast their lines and catch fish.

Thankfully it was a beautiful sunny day and the students each got the opportunity to catch a fish (Blowies). Once they were done examining their prize catch, a volunteer unhooked it and returned it to the water.

Children and staff thoroughly enjoyed this fishy experience.





Rainbow Way

By now you have most likely heard the phrase the 'Rainbow Way' the School's fantastic values program based on David Koutsoukis' 'Six Kind of Best' framework. Teaching students to be:



*Kind to Themselves,
Kind to Others,
Kind to the Environment,
the Learning Kind,
the Achieving Kind and
the Community Kind.*

The philosophy is based on having a positive, growth mindset with the ultimate goal of 'helping every child shine'. It also links to the school's 'Positive Behaviour Support' (PBS) behaviour management program.

Some ways you may see the 'Rainbow Way' being incorporated around the school are: encouraging a 'Yes I Can!' attitude promoting independence, our mascot 'Youcan the Toucan', 'Rainbow Rally' celebrations, class reward systems reinforcing the 'Six Kinds of Best' as well as celebrating student's 'shine' moments (currently on display in the 'Rainbow Room' - please feel free to check them out!). In the photo REACH staff and students are joined by Principal Ros Hamling in front of their class 'Rainbow Way' display showing their thumbs up and saying the phrase 'Yes I Can!'

Please follow our exciting updates in the newsletter each month to keep you informed about the progress of this brilliant initiative.

The Rainbow Leadership Team.

NDIS WORKSHOPS

<https://www.ndis.gov.au/event/midland-implementation-25jun>

Midland: Participant Plan Implementation Workshop – 25 June

Date: 25 June 18

Time: 5:00pm – 6:00pm

Location: 78-80 Railway Parade, Midland WA 6056

RSVP: You will need to register online

<https://www.ndis.gov.au/event/sth-perth-info-session-26jun>

South Perth: Community Information Session – 26 June

Date: 26 June

Time: 10:30am – 12pm

Location: City of South Perth Library

Corner South Terrace & Sandgate Street South Perth WA

RSVP: Please register on line. For more information email [engagement-](mailto:engagement-WA@ndis.gov.au)

[WA@ndis.gov.au](mailto:engagement-WA@ndis.gov.au) or phone 9235 7383.

Green Gum goes to the zoo...



Green Gum went on an Aussie adventure to Perth Zoo. Peter Salleo, our new Deputy Principal came with us along with some parents who joined us for a wet yet fun day.

This term we have been learning about Australian animals. Our day was spent in the Australian bushwalk, where we were able to observe and learn about the Australian animals and their natural environments.

Because of the rain, most of the animals were very active and the kangaroos, wallabies and quokkas were jumping around us. After we had a delicious lunch at the café, we bumped into Trisha the elephant, as she was enjoying her morning walk.

We also managed to pop into the Reptile Encounter before we had to head back to school. Overall, we have had a successful and memorable trip to the zoo and we are looking forward to our next another adventure very soon! Watch this space!



Yellow Gum

Yellow Gum students have been in the thick of it when it comes to sensory exploration this month. Koyuki got up close and really personal with a baby joey.

We have been making insect fossils in playdough and finding mini beasts in jelly (with both our hands *and* our feet).

We are developing our motor skills to explore the playground exploring the wonderful world of make believe at story time, using our vision and judgment to complete inset puzzles and sometimes just finding that little bit of individual relief from an overstimulating world.

Believe it or not, that's only half of what we've been getting up to - come and visit us to see just how busy we all are! Roll on the holidays, we could ALL use a break.



REACH Program

During Term 2, the REACH Program have been learning about their five senses in Science. We gained an appreciation of our sense of sight as we completed a series of tasks blindfolded and had the opportunity to make rainbows on the light table. We have explored our sense of touch using a 'Mystery Box' activity and used our sense of hearing to classify objects as 'loud' or 'quiet'.

We learned about our sense of smell by making chocolate scented playdough and artwork using herbs, spices and other items.

The students have been highly engaged and have enjoyed participating in Science activities this term.



CECWA would like to encourage you to look out for our information evening in August for all of the WA community.



CECWA will be hosting an information evening with special guest speakers to represent CECWA, Carson Street Primary and Kensington High School.

The WA community will have an opportunity to find out about the Conductive Education programs at primary and high school levels as well as find out how the community can support the charity that supports the running of the Conductive Education program - CECWA.

So watch this space!

Community Connections



WADSA (WA Disabled Sports Association)

July School Holidays events on Monday 2 and Friday 6 July

[Click here for flyer](#)

[Click here for registration form](#)

WADSA also has an extensive list of activities and contacts for recreational and sporting opportunities available for people with disabilities. Visit the "[Activities](#)" section on WADSA's website to see a large variety of activities and contacts.

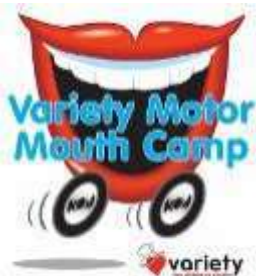


Triple P Stepping Stones Seminar: Positive Parenting for Children with a Disability

Mondays 16, 23 and 30 July 9:30-11:00am Telethon Speech and Hearing 36 Dodd Street Wembley

Email Robyn.Green@education.wa.edu.au to register.

Sessions are FREE



Applications are now open for the October Variety Motor Mouth Camp!

The Variety Motor Mouth Camp is a four day/three night camp, running from Thursday 4th October to Sunday 7th October 2018, for 6-14 years old children who use high tech Augmentative and Alternative Communication (AAC) voice output devices, their parents/ carers and siblings.

The camp will be overseen by Variety staff and a range of volunteer Speech Pathologists, Occupational Therapists, as well as Speech Pathology and OT students.

If you know any families or volunteers who would like to apply, please find the application form links below:

Family application: <https://variety.smartygrants.com.au/octobermmc2018family>

Volunteer application: <https://variety.smartygrants.com.au/octobermmc2018volunteer>



Women's Health and Wellbeing Services - www.whws.org.au

[Click here for What's on @ WHWS June and July 2019](#)

Message from the Nurses

Colds—Upper respiratory tract infections or colds are everywhere, especially in winter, so it is almost impossible to stop children from catching them. Here are some points which may help:

- Teach your child to cover his/her nose and mouth when coughing or sneezing, and to wash hands straight afterwards.



- Hands should be washed after blowing noses and before eating.

- Use tissues once and then throw them in the bin. (Avoid using handkerchiefs.)

- Keep your child home from school if he/she has a cold/cough/fever/pain.

- Make sure that your children eat a balanced diet of plenty of healthy foods.

- Keep children away from smoke – it irritates their eyes and nasal passages, making it more likely that they will catch a cold.

What to do if your child gets a cold:

No treatment will cure a cold or make it go away more quickly, but you can help your child feel more comfortable:

- Rest: This need not be in bed.

- Provide extra drinks: If your child doesn't want to drink much, try giving lots of small sips of water, milk or juice, or iceblocks to suck for older children.

It is almost impossible to stop kulunga (children) from catching a cold, especially during winter. Kulunga who have a cold, may produce mucus that can block the dwangka (ears) and mooly (nose), which is connected by a tube. If left untreated, the eardrum could burst leaving a hole.

What to do if your kulunga gets a cold

No treatment will cure a cold or make it go away more quickly, but it is important to make sure kulunga:

- get plenty of rest

- drink enough fluid – lots of small sips of water, or warm drinks to ease sore or dry throats

- get kulunga dwangka checked by your local GP



Mindfulness

We can often spend time with full and tangled thoughts constantly whirling around our minds and then we miss the joy of the present moment. When you're mindful, you're able to pay attention to the present moment, and not get swept up thinking about the past or worrying about the future.

Mindfulness has been shown to help manage stress, build resilience and compassion, improve focus at work or in the classroom and can help with creativity and collaboration.

Adults and children can benefit from mindfulness, especially those who have a busy or restless mind or are experiencing stress, anxiety or other mental health issues.

To learn more about mindfulness for children and young people go to <https://www.kidsmatter.edu.au> or <http://au.reachout.com> . If you would like to try an online mindfulness meditation program for yourself or your child check out Smiling Mind.



The value for Term 2 is:

Be kind to yourself

Merit Certificate

Eliane
Emily

Belmont Forum Award

Sophia

You can the Toucan says congratulations to the award winners!

Sasha	Rose Gum	12 June
Jason	Room 7	12 June
Cooper	Rose Gum	13 June
Riley	Orange Gum	24 June
Damien	Red Gum	24 June
Elijah	Wattle	25 June
Ameliah	Red Gum	30 June



What's on . . . what's coming up . . .

Sunday 24 June	Music Rocks 'Mojo's Bar' North Fremantle 12:00 noon
Tuesday 26 June	Information Morning Tea - NDIS - 9:30am - 11:00am Room1, CSS
Wednesday 27 June	Melinda Davies Retirement Party - 3:00pm Rainbow Room, CSS
Friday 29 June	Last day of Term 2
Tuesday 17 July	Students first day of Term 3
Wednesday 1 August	School Photos day
Saturday 18 August	P & C Quiz Night