

Conductive Education Awareness

20 years of Conductive Education at Carson Street School

What an amazing day we had celebrating 20 years of Conductive Education at Carson Street School!

We would like to thank past CECWA president, Lois Hall, for her lovely speech outlining the history of CE in WA. Thanks also to our past students and families, colleagues, supporters and current school families for joining us on the day. It was lovely sharing this milestone with you all. None of this would have been possible without the hard work of both our Deputy Principal, Peter Salleo and CECWA representative and Carson Street School parent, Emma Nesbitt. Also thanks must go to our amazing staff and everyone else who helped out on the day.

Only a few people signed our guest book on the day but we would love everyone to add a



message so please feel free to email <u>shona.ballantyne@education.wa.edu.au</u> with your message and we will add it to the book.



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From the Principal's desk

As the end of term 1 approaches, I would like to thank our parents and caregivers for helping us to complete a great start to the school year. We value the partnership we have with our families because together, we can ensure a positive and productive learning journey for every child.

We recently welcomed our new families to the Carson Street community with a special morning tea, and we look forward to seeing you throughout the year.

CE Awareness Week and 20th Anniversary

Each year during CE Awareness Week, we celebrate our Conductive Education (CE) program, and this year has been a particularly auspicious occasion as we also celebrated the 20th Anniversary of the Conductive Education Charity of Western Australia (CECWA). Past and present students and families were invited to attend a formal assembly which was followed by an energising 'Fun Day' event. It was wonderful to be reminded of our early Conductive Education beginnings, and to see how far we have come since then. Many of our past students and families are still connected to the CE community, and I thank you for your belief in the program and the support you have provided to all our students over the years.

And as we have a focus on our community partnerships, I'll take this opportunity to tell you more about them, and in particular, our P&C Association and CECWA. Both organisations provide the school with support and resources that enrich our educational programs.

The purpose of the Conductive Education Charity of Western Australia Inc. is to provide children with motor (physical) impairments and complex needs, access to Conductive Education programs in WA.

CECWA promotes and supports the ongoing provision of CE programs by:

- Aiming to educate communities and increase awareness of CE
- Promoting the CE program in the Perth Metropolitan Area for children with motor (physical) impairments and complex needs

 Fundraising to provide specialist equipment, specialised training, and subsidy packages for specialised staff (teacher-conductors) and additional support staff.

The P&C actively supports the school in the following ways:

- Fundraising and allocating funds raised
- Organising activities and events to promote a sense of school community
- Providing input from a parents' perspective on school policies and other issues that arise.

The P&C recently held their Annual General Meeting, and it was encouraging to see growth in the number of community members who have volunteered to support our school. Thank you!

If you would like to know more about our community partners or how you can assist them, please contact the school for more detail. We will be happy to help with your enquiry.

School Pulse Survey

To develop a school culture where all members of the school community are active participants, each term we ask families to complete a short *Pulse Survey*. The *Pulse Survey* provides us with an opportunity to listen to the voice of our parents and caregivers who, through the survey, can tell us what we're doing well and how we can improve. The School Board, our governing body, reviews the survey data each term to ensure we're on track in providing a positive and connected learning environment for all students.

The Term 1 Pulse Survey is now open and I encourage you to let us know how you feel about Carson Street. The results will be available in the first newsletter in term 2.

Please enjoy the Autumn break and we look forward to sharing the journey with you again next term.

Kind regards

Ros Hamling, Principal

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P&C News . . .

Hello and welcome to the end of term 1!

We have had a busy (and short) term! We held our yearly Annual General Meeting on 14 March and it was a fantastic turn out. A huge thank you to everyone who attended and congratulations to the P&C executive members. We extend a very warm welcome to all of our new P&C members!



Easter raffle

We have so many prizes up for grabs! Thank you to everyone who has donated and purchased Easter raffle tickets. The money raised will go towards the year 6 leavers t-shirts, graduation morning tea and everything in-between.

Term 2

Term 2 is nearly upon us! We have lots of exciting things planned, including Mother's Day celebrations and a BBQ sausage sizzle.



Our Quiz night is back! Please mark your calendar for Saturday 7 September. It is sure to be an epic evening. Stay tuned for more details.





Thank you again for all of your support. Have a safe Easter break and we'll see you in Term 2.

From Christa, Chaplain

"Try to be the rainbow in someone's cloud", is a quote by Maya Angelou. I feel being part of the Carson Street family is giving me the opportunity to experience this quote daily. I look at our amazing parents/carers with constant admiration for the way they do life, face challenges and still be a rainbow in my cloud on many days. A massive thank you for helping me grow!!



We had the New Families Morning Tea earlier in the term and it was such a great opportunity to meet the families who have joined our school over the last year. Thank you for what you are bringing to our school community and for allowing us to partner with you. I am available Monday to Thursday 8:00 am to 3:30 pm if you want to pop in for a coffee or a chat.

We have only a few days left until the end of the term and our first holiday break for 2024. After a very hot summer, the weather is changing, and it is so pleasant to be outside at this time of the year. I am sure we are all ready for the Easter long weekend and the chance to spend time with our loved ones and do something special. If you plan to hit the road for Easter, drive safely and enjoy whatever it is that you are doing.

Warm Regards



Christa du Plessis YouthCARE Chaplain

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Yellow Gum and Wisteria Music

This term, Yellow Gum and Wisteria class have combined for several lessons in Music. This has given the students of both classes a chance to observe and interact with students that they may not have much regular contact with. It has been a stimulating experience for all.

We have been working with the Boomwhackers this term. They are very lightweight hollow plastic tubes that come in different colours and sizes, each of which play a different note. The larger the tube, the lower the note. They can be played by hitting two together, banging them on the ground or a body part. Some of the students also like to experiment by making sounds into the tubes. Because they are lightweight, they provide a great opportunity for improving gross motor movements, with a lesser amount of effort. The students are given the opportunity to choose which colours and sizes they prefer.

Responding to movement with scarves has been very popular with the students. They like to hold them in different ways, throw them and look through them like a tinted lens.



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A message from the Nurses ...

Helping improve your child's wellbeing and development

There are programs and workshops available for parents in our local area that support parents and carers to help improve their child's wellbeing and development. The South-East Metro Parenting Support Services (SEMPSS) is providing these workshops to parents in our region to improve their confidence, parenting skills and relationship with their child.

Young Active Parents Program Raising Children in a Digital World Circle of Security® Parenting Tuning in to Kids Parenting across Cultures The Power of Play Let's Talk Teens Positive Discipline in Everyday Parenting Kids and Anxiety Let's Talk Toilet Training Love Languages of Children Protective Behaviour

These are the programs available this quarter from April-June 2024:

Check this website for more information and for bookings: <u>https://www.communicare.org.au/get-support/children-families-and-parenting/parenting-support-service/</u>

Green Gum

The Conductive Education 20th Anniversary Week was a wonderful celebration of achievement and inclusivity! Green Gum Kindy THRIVE and CE cohorts showed off their abilities and talents through various activities, demonstrating their "moving" skills and completing their "I can" statements. It was inspiring to see them amaze their peers with their capabilities. Additionally, the Fun Day added an extra element to the celebration, with the bubble show being a particular favourite.





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Jarrah





Move for CE Awareness week! Jarrah have really enjoyed the CE awareness week activities and have fully embraced movement activities. We wore blue for CE awareness on Monday and enjoyed taking part in sitercise to support our CE friends.







Myrtle

In week 7 we celebrated Conductive Education Awareness! Staff and students wore blue to mark the occasion. We engaged in move for CE activities and the students demonstrated movement through relay races, bouncing on fitballs, and swinging.











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Red Gum

Celebrating the 20th anniversary of the Conductive Education program has been fun over the last week. We dressed in blue, moved our bodies, thought about everything we could do and discussed what we liked about the CE program at Carson Street School. Red Gum decided it makes them happy and better, and it's alright, high praise from our oldest cohort. What we all know and understand is that the principles of CE make us all better, whether it's the way we sit, tall and straight, the improved movement we have in our hands after our task

series or the oral motor games and songs before each meal that help us to swallow and eat well. The best celebration we could have asked for is to host the assembly.











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Yellow Gum



This week we have been focussing on what we can do. We all discovered and tried new things on our own and as a group for CE Awareness Week. Some of those things were colour exploration, standing or walking in our frames, playing dress ups, reaching for objects, using our hands for art and using our devices to request fun activities or items.











REACH

The REACH class started the Conductive Education Awareness week with wearing blue and making the letters C.E with our bodies.

We did some moving and grooving with our bodies, jumping and soccer skills at sport.

We created some art by stamping blue paint using bubble wrap and when we did our writing, we used blue textas!

We had blueberries for crunch and sip and looked for the colour blue in our environment!

The REACH students recognised ,"I can" with saying what we like or are good at in school and saying what we are grateful for.





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Orange Gum

Orange Gum students celebrated Conductive Education week by creating "I Can.." posters and by "moving and grooving".

We are bouncing bunnies, skipping kangaroos, "Road Runner" runners, slithering snakes and dancing dinosaurs! In the playground we love to jump on trampolines, swing on the nest swings, swirl around on the roundabout and ten pin bowl!

Students in Orange Gum also wore blue to celebrate CE Week and we participated in fun activities in the playground. We made blue clouds and rain drops which also worked in well with our weather theme.





Wattle

Wattle Class loved the CE Fun Day. A particular highlight was the ambulance! We had multiple visits inside the ambulance and we were given some bandages to take back to class which inspired some great role play in the afternoon with Dr Mia and Dr Amna tending to everyone's needs.

Happy 20 Year Anniversary CE and thanks for the fun!







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Jacaranda

As we are coming to the end of term, we have been looking back at all the amazing things we have been doing in Jacaranda. One of our favourites was Conductive Education Week, which was all about making our bodies move in lots of fun ways. We built an obstacle course outside our classroom and learnt to march in a line to the "ants go marching" song.

We are making great memories and learning a lot.



















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Wisteria

Over recent weeks, Wisteria students have been exploring the captivating realm of dinosaur life cycles, habitats, and behaviours. Throughout the dynamic Conductive Education Awareness Week, their enthusiasm persisted as they enthusiastically participated in carefully arranged activities coordinated by our student leaders. Amid the lively creation of 'I can...' posters and the energetic bursts of running, walking, and crawling, they also relished the cheerful atmosphere of the school's Fun Day celebrations.



Banksia

In Banksia we enjoyed the fun day to celebrate the 20 year anniversary of Conductive Education at Carson Street. It was a great day to recognise an amazing achievement. We loved exploring the ambulance and the crazy cars, patting and feeding the animals, getting our faces (or arms) painted and the amazing bubble show.











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ANNUAL PUBLIC MEETING FOR SCHOOL BOARD

We invite you to attend the annual public meeting of our school board.

Thursday 23 May 2024

Please RSVP by Friday 17 May 2024 the front office or by email to

corina.botica@education.wa.edu.au



Ros Hamling and John Exeter Principal Chair

2 April	Henry	Yellow Gum
4 April	Nate	Yellow Gum
7 April	Gabriella	Wisteria
8 April	Jouri	Blue Gum
22 April	Miles	Banksia
27 April	Abigail	Wisteria
28 April	Vihaan	Green Gum



What's on what's coming up		
Thursday 28 March	Last day of Term 1.	
Friday 29 March	Good Friday public holiday.	
Monday 15 April	Staff Development Day. No students.	
Tuesday 16 April	First day of Term 2 for students.	
Thursday 25 April	Anzac Day public holiday.	
Wednesday 1 May	Banksia assembly 9am	
Wednesday 22 May	Rose Gum assembly 9am	

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